



## A message from our Headteacher

Dear Parents and Carers,

Welcome to our term 6 newsletter. As we approach the summer break, I would once again like to share some of the exciting things that have been happening at North Star 240°.

As you will know, in February we were visited by OFSTED and we were delighted that they recognised the hard work of staff and the commitment to ensuring that students are supported in both their academic learning and their “next steps in managing their anxieties and improving their behaviour.” We were judged as ‘GOOD’ in all areas and the report highlights the integrity and determination of leadership, a strong culture of safeguarding, steady improvements to attendance, the quality of the curriculum and the caring, yet ambitious ethos.

Year 11 have now finished their exams and I am looking forward to seeing them on August 24<sup>th</sup> when they can come into school to collect their results. Their behaviour and attitude during the exams was excellent and they should all be very proud of what they have achieved. I would like to take this opportunity to wish each of them all every success in the next stage of their education, employment or training.

As usual, we are fully subscribed for September and over the last few weeks, year 6 students have been visiting, meeting with me and spending time with their new classes. I have been pleased to see how well they have behaved and engaged with the learning and activities that have been in place for them and how well our existing students have welcomed them to our school.

I would like to wish all of you a happy and safe summer break and I look forward to seeing all of the students in September.

Ms Jo Grayson  
Headteacher



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## Term dates

### **Term 1**

**1 September 2023 — 20 December 2023**

### **Term 2**

**30 October 2023 — 15 December 2023**

### **Term 3**

**2 January 2024 — 9 February 2024**

### **Term 4**

**19 February 2024 — 28 March 2024**

### **Term 5**

**15 April 2024 — 24 May 2024**

### **Term 6**

**3 June 2024 — 23 July 2024**

## INSET Days

**Friday 1st September 2023**

**Monday 4th September 2023**

**Tuesday 2nd January 2023**

**Monday 15th April 2023**

**Monday 24th March 2023**

**One more date to follow**



## PE/Sports @ NS240

It has been another extremely energetic and positive term for all our students in PE lessons and other subjects at school where our young people can be active.

In all sessions, there continues to be a focus on students improving their determination, resilience and communication skills to attempt new skills and cope with the demands of practices and competition.

These attributes have certainly been demonstrated where all students in KS3 and KS4 have improved engagement to improve their basketball skills, culminating in game situations that have been high scoring and competitive.

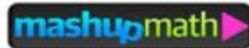
More recently, all students have been preparing for sports day in July, by practicing their athletics skills in lessons. Opportunities to improve their jumping, throwing and running technique have been provided to ensure they were confident to attempt a range of events at Yate Athletics track.



The summer term has also provided us with excellent weather, enabling students to experience new activities outside, including ultimate frisbee, frisbee golf and footgolf. In addition, it has been great to offer students the chance to revisit previously tried activities including badminton and tennis.

We continue to make use of our surroundings with KS4 Duke of Edinburgh and healthy living students making regular trips to places of interest including Ashton Court, Blaise Castle and Clevedon to improve their practical and communication skills and complete a range of outdoor activities.












We look forward to another busy year in PE after the summer holidays where we will continue to provide a range of activities in PE lessons, enrichment and trip opportunities and extracurricular competition.











# SUMMER MATH!



Find the value of each icon in the multiplication table below:

			3
2			
		25	
	48		

							
<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>

You can download more holiday-themed math challenges at [www.mashupmath.com](http://www.mashupmath.com)

## Catering @ NS240

This year has seen some big changes in catering. The subject has always been very popular with our older students but the addition of a superb new kitchen has meant that we have been able to extend regular cooking lessons to all students in Key Stage 3.



Our students have got really involved with their lessons and have learnt lots of new skills whilst trying out flavours that may also be new to them.

I am delighted to say we will continue to offer this subject next year to all students.

## English @ NS240

It has been a fantastic year for English with so many of our students engaging well and making brilliant progress in both their reading and writing.

Some highlights of the year include -

In KS3 students have been accessing a variety of genres including poetry, report writing, diary entry and creative writing. The students have produced wonderful pieces work displaying improvements in their content and structure.

Many of our students have progressed with their reading particularly showing improvement in their overall reading age and comprehension ability.

10 of our Year 11 students sitting the Edexcel GCSE English Language exam with every other student passing their English functional skills. Their hard work and determination was clearly displayed during the exam season and we can't wait to hear about all their successes in the future. Well done Year 11s!

## OFF SITE VISITS

Last month some students and staff paid a visit to the Bristol Hippodrome to see the Disney Production of the Lion King.

For some of them it was their first trip to see a live show within the Theatre .

A great time was had by all and a member of the public went out their way to say that how amazing and well behaved they all were.

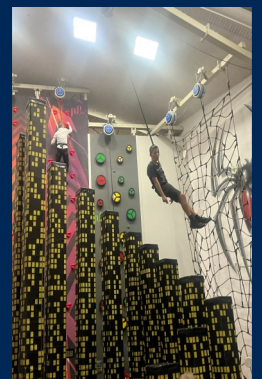
Considering the theatre was full with school children this was a great compliment for our school !!



The children and staff had an amazing time at Thorpe Park , going on all the rides and enjoying the beautiful sunshine. There were huge crowds, lots of noises and plenty of sights but North Star 240 were polite and sensible, making it a pleasure to be part of. Well done North Star!



KS3 Students went to Red Point climbing centre for an end of week reward trip. Students showed great determination and courage to climb some challenging walls!





# Art and Design at NS240°

Another fabulous year for the art department at Northstar 240, where our four Year 11 GCSE art students successfully submitted some amazing coursework and sat their 10 hour practical exam back in May. The art that these students created was stunning and they all worked extremely hard, planning and preparing, in order to make such effective final pieces. When you look at the work, it is hard to keep remembering that these students are only 15 and 16 years old!

Many congratulations to Kartaya, Jahmeel, Molly and Iesha, for their dedication to the subject and their incredibly mature and fun loving attitude to the lessons and the exam.



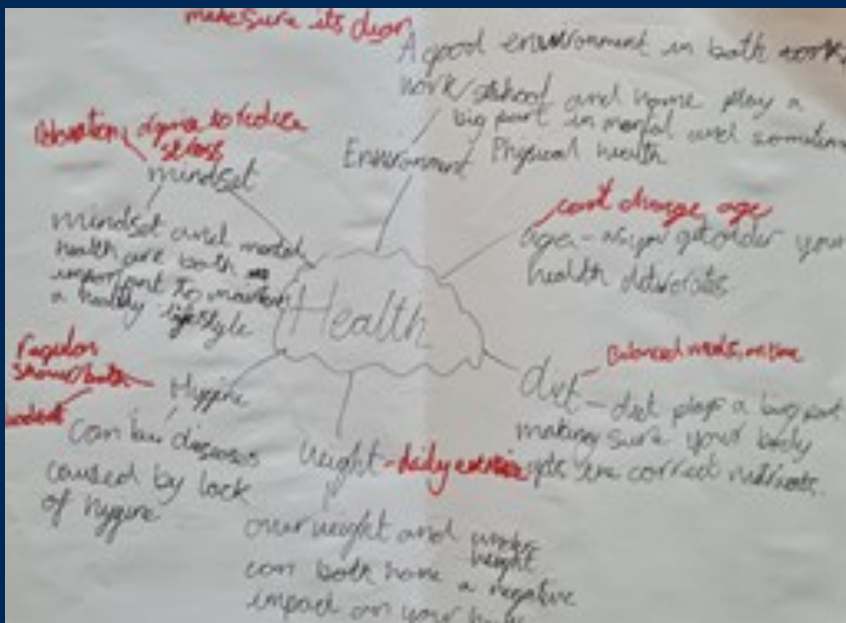
# PSHE at North Star 240°

At North Star 240°, we've had a very productive year in terms of PSHE lessons and PSHE activities. We've successfully taught our new curriculum to our students from Year 7 to Year 11 and aimed to equip our students with the essential skills they need in life.

We've teamed up with the Avon and Somerset Constabulary Early Intervention Team who delivered price-less sessions on online safety, hate crime, knife crime, antisocial behaviour, child criminal exploitation (County Lines), peer on peer abuse, gender-based violence, stop & search. Students have shown great interest in these sessions and actively joined in all the discussions and asked a lot of questions to the officers.



We've also had a drug awareness talk as part of BE project delivered by Joanna Mallinson where she had an introduction to the topic and talked about drugs, smoking and vaping, which raised awareness among our students. They enjoyed the session and were very inquisitive during the session. Many more exciting visitors and sessions are waiting for our students in the following academic year!



Healthy Me - Ages 14-15 - Piece 4 - Mental health disorders

Anxiety	Generalised anxiety disorder
OCD	OCD is a mental health condition where you have recurring thoughts and repetitive behaviours that you cannot control.
Depression	Depression is a low mood that lasts for weeks or months that affects your daily life.
Anorexia	Anorexia is an eating disorder where you feel a need to keep your weight as low as possible.
Butimia	People who have butimia go through periods where they eat alot in a very short amount of time and make themselves sick.
Schizophrenia	A serious mental condition of a type involving a breakdown in the relation between thought.

# Attendance

Attendance is a fundamental factor in a child's education.

Below is a snippet from the North Star Academy Trust attendance policy. The full policy can be found on our website at [NSAT-Attendance-Policy.pdf.pdf \(northstar-academy.co.uk\)](https://www.northstar-academy.co.uk/NSAT-Attendance-Policy.pdf)

## **Part 3. Key Information for Parents and Staff**

### **3.1 Safeguarding and Attendance**

Our school will monitor trends and patterns of absence for all pupils as a part of our standard **weekly** procedures. However, we are aware that sudden or gradual changes in a pupil's attendance may indicate additional or more extreme safeguarding issues. In line with government guidance Keeping Children Safe in Education (2021 version, or as updated by the DfE) we will investigate and report any suspected safeguarding concerns on to the relevant authorities. As part of our safeguarding duty and our standard procedures, we will inform the Local Authority and/or the Police of the details of any pupil who is absent from school when the school cannot establish their whereabouts and is concerned for the pupil's welfare. (Please see our school's Safeguarding Policy for more information.)

**It is vital we have up to date contact numbers with at least 2 emergency contact numbers.**

### **3.2 Effects of Late Arrival at School**

When a child arrives late to school, they miss important events like assembly, teacher instructions and introductions. Children often also feel embarrassed at having to enter the classroom late.

The table below indicates how frequent lateness can add up to a considerable amount of learning being lost. This can seriously disadvantage children and disrupt the learning of others.

<b>Minutes late per Day</b>	<b>Equates to Days of Teaching Lost in one Year</b>	<b>Which means this number of lessons missed</b>
5 mins	3 Days	15 Lessons
10 mins	6 Days	30 Lessons
15 mins	9 Days	45 Lessons

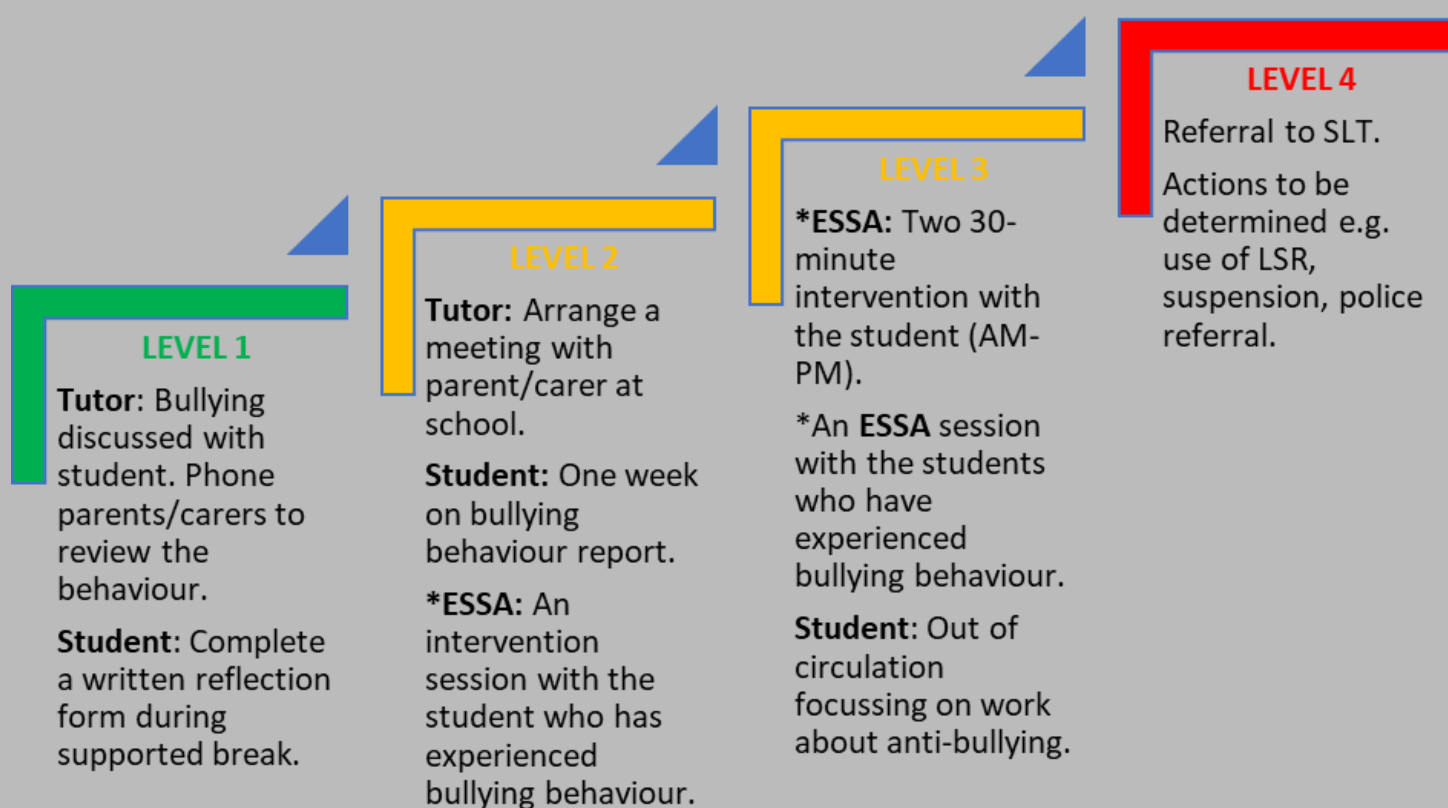
### **3.3. Effects of non-attendance**

The table below indicates how what might seem like just a few days absence can result in children missing a significant number of lessons.

<b>Attendance during school year</b>	<b>Days lost in a year</b>	<b>Which is approximately</b>	<b>Approximate number of lessons missed</b>
95%	9.5 Days	2 Weeks	50 Lessons
90%	19 Days	4 Weeks	100 Lessons

## Anti-Bullying Approach in North Star 240°

At North Star 240°, we believe that all students should have the opportunity to learn in a safe environment. We believe that bullying of any kind is unacceptable and will not be tolerated. We take all incidents of bullying seriously. For this purpose, this term we have updated our Anti-Bullying Policy and our stepped approach to bullying in order to make it more efficient, direct and inclusive. Listed below is our stepped approach to bullying:



\*Additional support provided for students receiving and displaying bullying behaviour; depending on the needs of the students.

**If you have any worries or concerns about your child please do not hesitate to contact their tutor.**

# Safeguarding Information

We work hard in school to maintain the safety of all students. Where possible we want to help families and the wider community also be a safe place for our young people to experience. Where help is needed we are keen to sign post young people and families to some of the many resources available:

Please feel welcome to talk to one the safeguarding team within school:

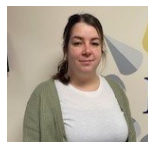
**Jo Grayson Headteacher, NorthStar 240°  
Designated Safeguarding Lead**



**Andy Gowell Deputy Headteacher, NorthStar 240°  
Deputy Designated Safeguarding Lead**



**Georgia Melias, Safeguarding and Attendance Lead  
Deputy Designated Safeguarding Lead**



## Safeguarding

In order to keep your children safe at all times we must be able to reach you so we would like to take this opportunity to remind you of the importance of keeping your details up to date with the school office. Please inform us of any changes as soon as they occur so that we can update our contact systems. We are especially in need of your email address' as we will now be sending more communications electronically. All contact details are stored confidentially and will not be shared.

We would also encourage people to self-refer to specific agencies for help:

Families in Focus;

North: 0117 352 1499

South: 0117 903 7770

East/Central: 0117 357 6460

Domestic Abuse

24 hour free helpline 0808 2000 247 or visit online at [www.nationaldomesticviolencehelpline.org.uk](http://www.nationaldomesticviolencehelpline.org.uk)

Mental Health

<https://www.mind.org.uk/> or call: 0300 123 3393 or text: 86463

Childline

0800 1111

Off the Record

<https://www.otrbristol.org.uk/>

Kooth

[www.kooth.com](http://www.kooth.com)

## Staff Goodbyes

Mr Sutton has been with the trust for over 10 years. Within that time he has worked at both 82 and 240 as a teacher and also spent time as the SENCo at 82. He is renowned for his love of tech and rubix cubes he now has all the time in the world to spend on these 'toys' as he leaves us to retire. He has been the key adult for many students over the years and we are very sad to see him go. What a legend !



Mrs Short (Miss Hennessey) is leaving us for pastures new. She has worked in KS3 for the past 6 years and in that time has led and developed the English curriculum, taught and inspired her tutor groups and helped our students settle in to secondary school, learn well and make progress. She is a fabulous teacher and will be sadly missed.

Mr Ashman leaves us to join NS82 as a classroom teacher. Whilst at 240 he has built strong relationships, supported a wide range of students and taught history to KS4. Mr Ashman has been extremely flexible and calm in his work and will be an asset to NS82°



They will be missed by both pupils and staff, we wish them Good Luck !

As we say goodbye we also say hello to the new members of the North Star 240° family.

Mrs Evan-Bentley



Hercules Class Teacher

Miss Mason



Perseus Class Teacher

Mr Cowman



Reading Intervention HLTA

## Important Info for Parent/Carers

### Uniform

Uniform is available to buy from the school office. Most sizes are kept as stock and we are now able to take payments via card over the phone. We do advise that blazers and ties are named to avoid loss.

### School Meals

Chartwells, our school meal provider, have advised us as of September 1st school dinners will increase to £2.75. If you feel you may be entitled to Free school Meals please visit <https://www.bristol.gov.uk/schools-learning-early-years/free-school-meals> to see if you are eligible . Even if you think you may not be entitled We're encouraging all parents to find out if their child can get free schools meals and to register for Pupil Premium funding.

Please can we remind parents of the importance of providing up to date medical and allergy information for your children. If we medicate your child during the school day then you must ensure that we are provided with sufficient supplies in order to complete this.

If your child's medical needs change in any way then you must inform the school as soon as possible. If your child is un-medicated then this poses a health and safety risk which could result in your child being sent home.

### School Communications

Our main way of communicating with you will now be via **email** .

This will ensure that you get information quickly and means we reduce our carbon foot-print as a school.

If we do not yet have your email address please email the school with your Child's full name.

Help the school by using the easy fundraising link below and help raise money for North Star Academy Trust [North Star Academy Trust - Bristol Fundraising | Easyfundraising](#)

### **Ways to contact North Star 240°**

By phone : 01173 772275

Via email : [northstar240@northstar-academy.co.uk](mailto:northstar240@northstar-academy.co.uk)

Website : [Homepage - Northstar ns240 \(northstar-academy.co.uk\)](http://northstar-academy.co.uk)

Twitter





## Support for Inter-Parental Conflict (SIPCo) A Project to Improve Parents' Relationships

Do you have a child or children aged between 8 and 14? Do you find it hard to get on with your partner or your ex? Do you frequently argue or shout at each other? Or have you stopped talking to each other because it's too difficult? If so, then this SIPCo project could help.

Whether you are with your partner, or have separated, are an LGBTQ+ parent, a parent in an extended family, or any other group, we are looking for parents and carers who live in Dorset, BCP (Bournemouth, Christchurch and Poole) and Bristol who:

- have a **child aged 8-14**
- are **getting into conflict** with a partner or ex-partner
- are **willing to try something new** to help reduce their conflict.

This project (called SIPCo) aims to help you learn how to reduce the amount of conflict between you and your partner, or your ex.

The help on offer will either be relationship therapy (delivered by the couple therapy charity Tavistock Relationships) or access to some online resources with local support for reducing parental conflict.

The project is trying to find out which works best, so parents will be signposted to one or the other.

The relationship support sessions (which will take place online) will help you and your partner/ex to communicate better. While the online resources are programmes that you will work through at your own pace with the support of a locally trained professional.

**If you are interested, please get in touch using the details below. Referrals are open now.**


FREE support  
programme  
available for  
parents in  
conflict



### For more information contact

**Dorset:**  
Simone Kettle


 01305 224252

 relationshipsmatter@  
dorsetcouncil.gov.uk

 dorsetcouncil.gov.uk

**Bournemouth, Christchurch,  
Poole (BCP):** Jessica Lanham


 01202 127179

 jessica.lanham@  
bcpcouncil.gov.uk

 bcpcouncil.gov.uk

**Bristol:**  
Gina Paziienza

 07721 635376

 relationshipsmatter@  
bristol.gov.uk

 bristol.gov.uk

# NEW SEND PARENT CARER NURTURE GROUPS



Starting this September: 8 sessions to  
build emotional wellbeing and  
friendship amongst SEND parents

For LGBTQ+ parents: Mondays-8-9:30pm, Fishponds

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For Somali Parents: Tuesdays 10.00-11:30am, Barton Hill

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For all parents: Tuesdays 1.00-2:30pm, Lockleaze

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For all parents: Wednesdays 10.30-12.00pm, Hartcliffe



FOR MORE INFO AND TO BOOK VISIT  
[MURMURATIONCOMMUNITYTHERAPY.COM](http://MURMURATIONCOMMUNITYTHERAPY.COM)

# KIDS Summer CAMP

## HENBURY PRIMARY COURT ACADEMY



24TH JULY - 31st August

**AGES: 5-14 YEARS**

**TIMES: 9:00AM - 1.00pm**

**FREE LUNCH PROVIDED**

**FREE** for  
children on  
**FREE** school  
meals

Use code  
**SUMHAF23**

Our Multi-Activity Sports and Art Camps offer the opportunity to enjoy a fun packed day full of sports, activities and games.



**SCAN HERE TO BOOK ONLINE OR HEAD TO [WWW.PRO-COACHING.CO.UK](http://WWW.PRO-COACHING.CO.UK)**



## Bristol Parent Carer Forum

Shaping the Future *Together*

All events are free but most need to be booked in advance.

Training sessions that we are running in conjunction with North Somerset and South Gloucestershire Parent Carer Forums can be found and booked here: <https://www.eventbrite.co.uk/o/bristol-n-somerset-and-s-glos-parent-carer-forums-41027867683>

Training Sessions run by us just for those parents and carers who live in the Bristol City Council area can be found and booked here: <https://www.eventbrite.co.uk/o/bristol-parent-carers-7809612275>

## USEFUL INFORMATION FOR PARENTS

Community Children's Health Partnership

NHS

**11-19 YEARS OLD?**

We help young people with all kinds of things like ...

Message us for confidential advice and support and to chat with a School Nurse.

ChatHealth

Send a message to:  
**07312 263093**

The service is open on Monday to Friday from 9am-5pm.

Mental Health  
Bullying  
Alcohol  
Self Harm  
Healthy Eating  
Relationships  
Drugs  
Smoking

North Bristol Advice Centre

**Free and independent advice and support**

For North Bristol and South Gloucestershire

- ▶ Welfare Benefits
- ▶ Universal Credit
- ▶ Debt Advice
- ▶ Appeals and representation
- ▶ Help to Get Online

Enquire using our Advice Tool at [www.northbristoladvice.org.uk](http://www.northbristoladvice.org.uk)  
Or call 0117 951 5751

Registered Charity number: 1066921

### Welfare Rights and Money Advice Service

#### WRAMAS' Services

- Don't know what you may be entitled to?
- Need some help or advice on a benefit related issue?
- Not sure how to fill in a claim form? Having difficulty writing about your problems?
- Want to know how your other benefits may be affected?
- Would like some advice on a new or existing claim for a disability benefit?

Claiming the right benefits or finding information can be hard work and very confusing, but don't give up!

**WE CAN HELP.**

If you need help or advice there is a confidential helpline available:

**T: (0117) 352 1888 E: [welfarerights@bristol.gov.uk](mailto:welfarerights@bristol.gov.uk)**

Monday, Tuesday, Thursday, Friday: 8.30 am – 1.00 pm (Wednesday closed all day)

If you prefer not to make a call or email us yourself, you can ask a professional working with you, a friend or relative, to contact us on your behalf.

You can also find advice and information, some of it specific to the coronavirus pandemic, on our website: <https://www.bristol.gov.uk/benefits-financial-help>

#### Key Numbers:

**Childline:** 08001111

**NSPCC:** 0800 800 5000

**Samaritans:** 116 123

**Next Link Domestic Abuse Telephone Help Line:** 08004700280

Mon – Fri 8.30-5.30 and 1pm Saturday.

#### Social services:

South Gloucestershire – Access and Response Team – 01454 866000

North Somerset- Single Point of Access – 01275 888808

Bath and North East Somerset – BANES – 01225396312 or 01225 396313



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